

Activity Group & Peer Support

The Activity Group is a group open to people with any form of Dementia, of any age group, their Carers and to anyone else with an interest in the well-being of those with Dementia.

The group organises informal gatherings on a monthly basis, at a variety of local points of interest.

These activities are styled on the idea of a social picnic, with people getting together over a coffee (or any other beverage) to relax in a non-threatening atmosphere. We are also a conduit to feed ideas and opinions to the “Kiama Dementia Advisory Committee” and the “Dementia-Friendly” Program in Kiama.

Meeting Dates for 2017-18

Tuesday, **8 August** 2017

Tuesday, **12 September** 2017

Tuesday, **10 October** 2017

Tuesday, **7 November** 2017

Tuesday, **12 December** 2017

Tuesday, **9 January** 2018

Tuesday, **6 February** 2018

Tuesday, **6 March** 2018

Tuesday, **10 April** 2018

Tuesday, **8 May** 2018

Tuesday, **12 June** 2018

For Details Check our Events Calendar at

<http://www.southerndag.org/events/calendar/>

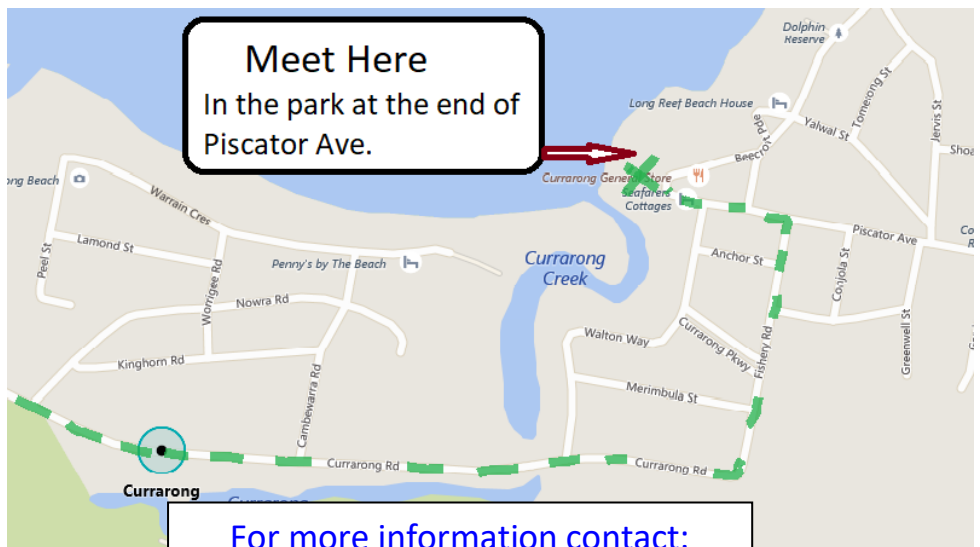
***We meet Mid-Morning between 10:00 and 10:30 for a couple of hours.
Generally in a sheltered outdoor location.***

Our Next Get-Together

When: Tuesday, 10th October at 10:30

Where: Currarong

Meet: At the picnic grounds at the end of Piscator Ave. Weather permitting we may walk out the headland to view the remains of the ship wreck of the Merrimbula.



For more information contact:

www.southerndag.org

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Education → Acceptance → Understanding
Together We DO Make a Difference